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Summer Fun

CAMPS FOR KIDS AGES 5-18
June - August 2012

Day Camps

FOLSOM PARKS & RECREATION

Baseball Camps

Sportstime Baseball Academy

with Texas Rangers Scout Steve Horning

All-Skills Camp

This camp is for players who want the opportunity to learn and play "real" baseball in a fun, safe and relaxed setting! Players will participate in a variety of drills, receive individual instruction and play "live" ball games whenever possible. Participants should have some baseball playing experience. Players, are grouped according to ability, providing an efficient, fun, safe and challenging practice environment. Bring water, snack, lunch, sunscreen, bat and glove.

Ages 6-10

230602-03 M/Tu/W 6/11-6/13 9:00A-2:00P

Location: Folsom Sports Complex

Fee: $232 / $225 resident discount; daily lunch available for an additional $5/day

Advanced Level Camp

In this camp, we build on the fundamental skills that are taught in our regular All-Skills Camps and start to focus on the individual attention of the Intermediate/ Advanced level player. Players will participate in a variety of advanced drills, game management and situational activities, individual skill training, conditioning, quickness and coordination work and "live" on field instructed games.

Bring water, snack, lunch, sunscreen, bat and glove.

Ages 6-12

230602-04 M/Tu/W 6/11-6/13 9:00A-2:00P

Location: Folsom Sports Complex

Fee: $232 / $225 resident discount; daily lunch available for an additional $5/day

Matt Walbeck's Baseball Clinics

with Matt Walbeck

All-Skills Baseball Clinic

Players will learn the fundamentals of throwing, fielding, hitting and baseball -specific agility drills. Coach Walbeck's simple step-by-step teaching philosophy couple with a 5:1 player/coach ratio is a sure way to speed up the learning curve.

Ages 7-12

250095-01 M 5/28 9:00A-2:00P

250095-03 M 6/18 9:00A-2:00P

350095-02 M 7/30 9:00A-2:00P

Location: Folsom Sports Complex

Fee: $97 / $90 resident discount; 10% sibling discount if registering for same clinic; T-shirt included

Hitting Clinic

Matt played 11 Major league seasons as a switch hitter. He will teach the basic fundamentals of hitting and the mental side of the game. This clinic will help you prepare for the upcoming season and teach you new ways to improve your hitting ability.

Ages 7-12

350095-01 M 7/2 9:00A-12:00P

Location: Folsom Sports Complex

Fee: $62 / $55 resident discount; 10% sibling discount if registering for same clinic

Catcher's Clinic

This clinic will help you prepare for the upcoming season and teach you new ways to improve your catching skills. Matt will discuss and use drills to teach: various stances with proper setup, receiving, throwing, footwork/exchange, blocking balls in the dirt, fielding bunts, wild pitches, and plays at the plate.

Ages 7-12

250095-02 M 6/4 9:00A-12:00P

350095-03 M 8/6 9:00A-12:00P

Location: Folsom Sports Complex

Fee: $62 / $55 resident discount; 10% sibling discount if registering for same clinic