



Kindergarten Readiness

with Ms. Aileen

This program is designed to prepare your child for kindergarten and build pre-reading skills. Some of the goals of this program are to teach alphabet sequence, phonics, site words, develop recognition of letters and letter information, encourage recall and verbalization of facts and concepts, and to build a sense of responsibility and independence. Bob Books® are also used to build pre-reading confidence. Come experience the fun of learning while getting ready for kindergarten in this nine-month program.

Ages 4-5; child must be age 4 by Nov. 1 and potty-trained.

414040-05 M/W/F 9:00A-12:00P

9-month ongoing program begins Sept. 5, 2012 and continues through May 24, 2013

Location: Hinkle Creek Nature Center
Fee per month: \$205 / \$195 resident discount; plus \$75 non-refundable registration fee due when child begins class

Preschool "Fun"damentals

with Ms. Aileen

This ongoing nine-month class will introduce the children to nature, story time, music, practical learning, colors, shapes, arts and crafts, and begin some pre-writing skills. This is a relaxed, nurturing environment where the children will learn and enjoy the basic "Fun"damentals of the world around them. This program is a lead-in to the Kindergarten Readiness program (above).

Child must be age 3 by Nov. 1 and potty-trained.

414045-05 Tu/Th 9:00A-12:00P

9-month ongoing program begins Sept. 4, 2012 and continues through May 23, 2013

Location: Hinkle Creek Nature Center
Fee per month: \$165 / \$155 resident discount; plus \$75 non-refundable registration fee due when child begins class

Little Dragons I

with Karen Bowman

5th Degree Black Belt (and Mom), Karen Bowman, is ready to make your preschooler into a Little Dragon. These pint size martial artists will learn the coordination they need to block, punch and kick through game playing, music and repetition. Little Dragons will learn not only the physical aspects for Taekwondo, but spirit, respect and self-control. No uniform required. Wear comfortable clothing and get ready to "ki-yap" your way to fun.

Ages 3-5

244651-01 Tu 5/8-5/29 10:00-10:30A

244651-02 Tu 6/5-6/26 10:00-10:30A

344651-01 Tu 8/14-9/4 10:00-10:30A

Location: Bowman Martial Arts

Fee: \$60 / \$53 resident discount

Little Dragons II

with Karen Bowman

Designed for the slightly older child, Little Dragons will introduce and build on to the fundamental taekwondo basics. Your child will learn blocking, striking, and kicking to enhance flexibility, eye-hand coordination and strength. Little Dragons will also learn the importance of perseverance, courtesy and self-control.

Ages 4-5

244652-01 Tu 5/8-5/29 4:30-5:00P

244652-02 Tu 6/5-6/26 4:30-5:00P

344652-01 Tu 8/14-9/4 4:30-5:00P

Location: Bowman Martial Arts

Fee: \$60 / \$53 resident discount

Music Together

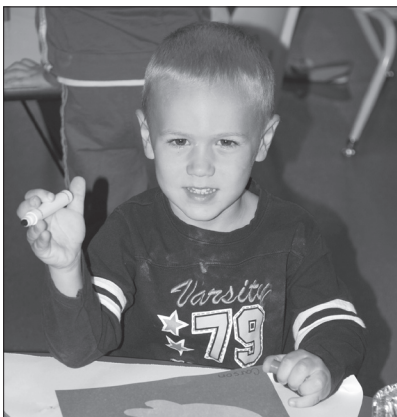
Music Together is an early childhood music and movement program for infants, toddlers, preschoolers and the adults who love them. A music together class is a community of families sharing songs, instruments play, rhythm chants and movement activities in a relaxed, non-performance oriented setting.

Ages 0-4.5

210053-01 F 6/22-7/27 10:30-11:30A

Location: Cynthia's Dance Studio,
304 S. Lexington Dr.

Fee: \$63 / \$60 resident discount;
\$30 materials fee due at 1st class



Fall 2012

Fun Factory Preschool

Preschool program for ages 3-4, held at the Folsom Community Center and the Folsom Sports Complex. Limited spaces still available in the 3-year-old classes at both locations, and the afternoon class for 4-year-olds at the Sports Complex.

For more information, call
Preschool Director Sarah Trobee at
355-8355 or e-mail
STrobee@folsom.ca.us.

**When visiting the
Folsom City Zoo Sanctuary
don't forget to enjoy the
Play for All
universally accessible play area
and Butterfly Garden
in Folsom City Lions Park.**

— funded by —





Itty Bitty Sports

Itty Bitty Sports is designed to enhance the awareness of sports for young children. With the guidance of a trained instructor, parents lead their children through exercises to teach the basic fundamentals required for each sport. Pre-registration is required. Ages 4-6, with parent participation

Basketball

with Michael D. Shaw

230201-01	Th	5/10-5/31	5:15-6:00P
330201-01	Th	7/19-8/9	5:15-6:00P
330201-02	Th	8/23-9/13	5:15-6:00P
430201-01	Th	9/20-10/11	5:15-6:00P

Location: Folsom Sports Complex
Fee: \$57 / \$50 resident discount

Tennis

with Bryan Solem

230351-01	W	5/9-5/30	5:00-5:45P
230351-02	W	6/6-6/27	5:00-5:45P
330351-01	W	7/11-8/1	5:00-5:45P

Location: Ed Mitchell Park
Fee: \$58 / \$51 resident discount

Baseball

with Folsom H.S. coaching staff and players

230371-01	W	5/9-5/30	5:30-6:15P
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Location: John Kemp Comm. Park
Fee: \$57 / \$50 resident discount

Soccer

with Euro Soccer

330011-01	Tu	7/17-8/7	5:30-6:15P
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Location: John Kemp Comm. Park
Fee: \$57 / \$50 resident discount

Pre-K Kickers with Joe Mihaljevic

Participate in a fun atmosphere of soccer drills, games and exercise. Parent participation welcome.

Ages 2.5-4

Mornings

255103-01	F	5/11-6/1	11:00-11:50A
455103-01	M	9/10-10/1	11:00-11:50A
455103-02	F	9/7-9/28	11:00-11:50A

Evenings

255106-01	Tu	5/8-5/29	5:30-6:20P
255106-02	Tu	6/5-6/26	5:30-6:20P
355106-01	Tu	7/10-7/31	5:30-6:20P
355106-02	Tu	8/7-8/28	5:30-6:20P
455106-01	Tu	9/4-9/25	5:30-6:20P

Location: Folsom Sports Complex
Fee: \$67 / \$60 resident discount

Nor-Cal Rookies

with Galina Cavallo

Nor-Cal Rookies will introduce your child to Basketball, T-Ball, and Track using fun drills and games. It will encourage good sportsmanship, teamwork, and character. Parent participation welcome.

Ages 2.5-4

255115-01	Tu	5/15-6/5	10:00-10:50A
455115-01	Tu	9/4-9/25	10:00-10:50A

Location: Folsom Sports Complex
Fee: \$67 / \$60 resident discount



Polynesian Dance

with Natasha Forsberg

Students will learn the basics of Hula and Tahitian. They will explore all the Hawaiian implements, learn dances and have the opportunity to perform. www.alohadancerscameronpark.com

Ages 3.5+

242555-01	Th	5/3-5/24	3:45-4:30P
242555-02	Th	6/7-6/28*	3:45-4:30P

Fee for this session is: \$48 / \$41 resident discount; annual performance/materials fee \$20 to "Aloha Dancers"

342555-01	Th	7/5-7/26	3:45-4:30P
342555-02	Th	8/2-8/23	3:45-4:30P
342555-03	Th	8/30-9/20	3:45-4:30P

Location: 48 Natoma
Fee: \$59 / \$52 resident discount; annual performance/materials fee \$20 to "Aloha Dancers"

*Note: no class 6/14

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