

Hunter Education

with Jeffrey Goodwin, Certified Hunter Education Instructor through the Department of Fish and Game

This course is a requirement to obtain a hunting license in the State of California. It will teach firearm safety, basic navigation and hunting ethics and cover state regulations. There is no age restriction, but students under 10 may find the test difficult to pass. A handbook needs to be picked up upon registration for study prior to course.

Ages 10+

243061-01	Sa	5/19	8:00A-6:00P
243061-02	Sa	6/16	8:00A-6:00P
343061-01	Sa	7/14	8:00A-6:00P
343061-02	Sa	8/18	8:00A-6:00P
443061-01	Sa	9/15	8:00A-6:00P

Location: Folsom Sports Complex

Fee: \$27 / \$20 resident discount

Certified Babysitting

with Catherine Statham

This course provides the information and skills necessary for safe and responsible care of children in the absence of parents or adult guardians. Participants will develop skills in interviewing, accident prevention, care for medical emergencies, basic child care and professionalism. Wallet certification issued upon completion of class. Bring snack and drink for break.

Ages 11-13

244591-01 M/W 6/4-6/6 4:00-7:00P

Location: 48 Natoma

344591-01 M/W 7/23-7/25 4:00-7:00P

Location: Folsom Sports Complex, The Edge

Fee: \$57 / \$50 resident discount

CPR for Babysitters

with Catherine Statham

Babysitters learn CPR, relief of foreign-body airway obstruction, the AHA pediatric infant and child Chain of Survival, signs of choking, and prevention of the most common injuries in infants and children. Designed for those who have completed the Certified Babysitting Course. An American Heart Association participation card is presented upon completion of course. Ages 11-13

244592-01 Th 6/7 4:00-7:00P

Location: 48 Natoma

344592-01 Tu 7/31 4:00-7:00P

Location: Folsom Sports Complex, The Edge

Fee: \$49 / \$42 resident discount

Taekwondo, White Belt

with Karen Bowman

Taekwondo is a fast paced sport that will have your child jumpkicking their way to fun. 5th Degree Black Belt and former National Sparring Champion, Karen Bowman, will train your child to kick, strike and block their way to power and self-defense. Come learn the philosophies of taekwondo that make your child bully-proof; perseverance, respect and indomitable spirit. No previous martial arts experience necessary. Class fee includes a uniform.

Ages 6-13

244631-01 Tu/Th 5/10-6/19 5:30-6:15P

244631-02 Tu/Th 6/28-8/7 5:30-6:15P

344631-01 Tu/Th 8/9-9/20 5:30-6:15P

Location: Bowman Martial Arts

Fee: \$96 / \$89 resident discount

Hip Hop

with Come Dance with Me Performing Arts Workshop

A cultural movement that developed in New York City, Come Dance with Me Performing Arts Workshop has brought and created a class that will encompass all elements of the culture. From break dancing to popping the instructors of Come Dance with Me will give you the skills to work it on the dance floor. Basic hip hop moves covered. Please wear comfortable shoes and clothing.

Ages 5-13

244882-01 W 5/9-5/30 7:00-7:45P

244882-02 W 6/6-6/27 7:00-7:45P

344882-01 W 7/11-8/1 7:00-7:45P

344882-02 W 8/8-8/29 7:00-7:45P

Location: 48 Natoma

Fee: \$55 / \$48 resident discount

Hip Hop II

with Come Dance with Me Performing Arts Workshop

After learning the basics students will learn dances and moves that will impress your friends.

Ages 5-13

242111-01 W 5/9-5/30 7:45-8:30P

242111-02 W 6/6-6/27 7:45-8:30P

344881-01 W 7/11-8/1 7:45-8:30P

344881-02 W 8/8-8/29 7:45-8:30P

Location: 48 Natoma

Fee: \$55 / \$48 resident discount

Intermediate Polynesian Dance

with Natasha Forsberg

Focus on building our Hula and Tahitian skills. All styles of Polynesian dance are incorporated. Students will learn dances and have opportunities to perform if desired.

www.alohadancerscameronpark.com

Ages 10+

244326-01 Th 5/3-5/24 4:30-5:30P

244326-02 Th 6/7-6/28* 4:30-5:30P

344326-01 Th 7/5-7/26 4:30-5:30P

344326-02 Th 8/2-8/23 4:30-5:30P

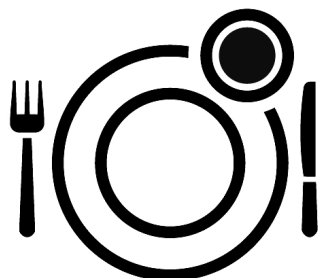
344326-03 Th 8/30-9/20 4:30-5:30P

Location: 48 Natoma

Fee: \$59 / \$52 resident discount; \$20 annual performance/materials fee to "Aloha Dancers"

*Note: no class 6/14; fee for this session is \$48 / \$41 resident discount; \$20 annual performance/materials fee to "Aloha Dancers"

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