Folsom Youth Indoor Soccer 2012-13

Frequently Asked Questions

1. I would like my child to play indoor soccer. How do I get him on a team?
   Most teams that play indoor soccer are just coming off playing in the outdoor soccer leagues which are organized by the Folsom soccer Club. If your child did not play on an outdoor team or if the outdoor team coach is not taking the team indoors to play, then you can either form a team yourself to play indoor, or place your child on the 'free agent list' or contact the coach or manager of any indoor team to see if they need extra players.
2. When does the indoor soccer season start?
   The indoor soccer season traditionally starts the first week of December and goes through May.
3. What is the cost to play indoor soccer? When is the league fee due?
   There is a cost for resident teams and a different cost for non-resident teams. Please refer to our indoor leagues website at http://www.folsom.ca.us/depts/parks_n_recreation/folsom_sports_complex/youth_sports/soccer/default.asp for the latest cost. League fees must be submitted with your team application.
4. How do I become an indoor soccer referee? Do I need a license?
   You are required to be licensed to referee indoor soccer. You must take a class which usually last 8 hours. There is a annual license fee to be a licensed indoor referee. Information on indoor referee classes can be found by contacting the facility.
5. What does the team get, if anything, for winning a session of indoor soccer?
   The team receives a certificate for $100 which can be used towards the next session of indoor soccer or for other amenities like 'league champion' T-shirts or for meals at various sponsor restaurants listed on the certificate.
6. Due to potential conflicts with other sports, is it possible to re-schedule games?
   There is very little open field time for games to be re-scheduled. If there is a conflict with other sports and you are unable to field a team, you may have to forfeit the scheduled soccer game. Please contact the indoor league coordinator as soon as you discover the conflict in schedules.
7. Where do I find more information on indoor soccer leagues in Folsom?
   The Folsom Sports Complex is the only facility in Folsom that offers indoor soccer leagues. You may contact us at 916-355-7285 or 916-984-2850. You may also access the facility website at www.folsom.ca.us. Look under the Parks and Recreation, Folsom Sports Complex section.
8. Is it possible for players to play up in an age group?
   We encourage players to play in their natural age groups. If there is a specific reason a player needs to play up an age group, you must notify the league coordinator.
9. Do I need a coach's license to coach indoor soccer?
   There is no requirement that a coach of an indoor team obtain a coaching license. However, it is in the best interests of the youth players to have a licensed coach manage the team.
10. Where do I find the indoor soccer rules?
    The rules for indoor soccer can be found at our website www.folsom.ca.us. Look under Parks and Recreation Department, then Folsom Sports Complex.
11. How do I register my team to play indoor soccer? What documents do I need to complete?
    There are four types of documents required to register a team to play indoor soccer. They are:
    1. Team Roster
    2. Coach Registration and Risk Management Form

3. Player and Coach Waiver/Liability Form
4. Rules Compliance form

12. Where do I find the indoor soccer session beginning and end dates?
    Once schedules are released for each session, the beginning and end dates can be found by accessing the league games schedule at www.teamsideline.com
13. Why are there different league fees for Resident and Non-Resident teams?
    The Folsom Sports Complex is managed and run by the City of Folsom. We have a slightly reduced fee for Resident teams to encourage residents to participate in locally organized events.
14. What information can you give me regarding outdoor soccer?
    Outdoor soccer is run by the Folsom Soccer Club which is a non-profit organization. Their website is www.folsomsoccerclub.org.
15. Can I add and drop players from my roster at any time? Can this be done by email or do I have to fill out a new roster?
    You may add and remove players from your roster at any time before the third week of scheduled league play. After that, all rosters are frozen. You may add and drop players by filling out a new roster form or by contacting the facility to make minor changes to your roster.
16. What day of the week will my age group play?
    Scheduling of league games is based on our past experience. Please contact the league coordinator to find out what day of the week your age group is likely to play.
17. My team is a Recreation team? Will there be different levels of play?
    There are two levels of play for indoor soccer in Folsom: Recreation and A/S/C; Academy/Select/Competitive.
18. Will Recreation teams and Select/Comp teams ever be put in the same division?
    We require at least four teams to form a league in each division. Whether Recreation or Academy/Select/Competitive. If we do not have enough teams to keep the levels separate, we will combine the levels into an 'Open' division.
19. Why does the application require player DOBs and Addresses?
    We require DOB and physical addresses so that we can make sure that a team is properly placed within the age group and division and that the proper fees are assessed.
20. Do we need to wear different colored jerseys for being the Home and Away team? Are numbers required on the jerseys?
    You need to have matching jerseys with numbers. We do not allow hand drawn numbers or tape for numbers. We do not allow cut-off T-shirts. In the event of a clash of colors, pinnies will be provided by the facility.
21. When is game schedules posted?
    Game schedules are usually posted one week before the start of league games.
22. Am I allowed to coach multiple teams?
    You are allowed to coach multiple teams provided they are in different age groups or different divisions. We do not allow a coach to coach two teams that play each other within the same age group and division. If you have this issue, please contact the league coordinator.
23. Are academy, select and competitive players allowed to play on recreational leagues?
    Academy, Select and Competitive players are not allowed to play in Recreation teams.
24. When will we be notified if our team has been accepted or rejected for the upcoming leagues?

We have deadlines for registering teams to play in our leagues. Once the deadline has passed and the league coordinator has finalized the number of teams accepted or rejected, all teams will be notified by email.

25. If there are not enough teams to play in our age group, can we play in another age group?
    If there are not enough teams to form a league in your age group, you may request to play in another division of the same age group e.g Recreation team may request to play in a Select/Competitive age group or request to play up a division. A team may up an age group but never down an age group.
26. How many teams will be accepted to play in each age group?
    We usually accept a minimum of four teams to a maximum of seven teams within an age group.
27. Do coaches have to be fingerprinted?
    Fingerprinting is not currently a requirement. However, in the future, we may require fingerprinting and background checks to be made for any adult placed in charge of youth players.
28. Can the team name be changed after the team has already been registered?
    You may change your team name at any time before the third game of the session. This falls under the category of making changes to your roster.
29. My team is not very strong. Can you put them in a league that is less competitive?
    We frequently place teams of like ability together. You may make a request to play less experienced teams by making a note on your team roster.
30. If the league is cancelled, do we get a refund of our league fees?
    We will refund your league fee of the league is cancelled through no fault of your own. However, once league games have started, no refunds are issued to teams who drop out.
31. Are girls allowed to play on boys teams?
    Girls are allowed to play on boys teams. Please make sure that the league coordinator is aware of the situation. This usually applies to situations where there are not enough girls to form an all girls team but the coach has enough boys and girls to make a team. We do not allow all girls teams to play in the boys league.
32. Are girls teams allowed to play against boys teams?
    No, girls' teams are not allowed to play in the boys leagues.
33. What divisions does your facility have for indoor youth soccer leagues?
    We have divisions ranging from U8 through U19 for boys and girls.
34. What do I do if I am unable to field a team for a schedule indoor game?
    You must contact the league coordinator or the facility staff immediately. If the game cannot be rescheduled, you may have to take the forfeit.
35. Will teams be able to know in advance what days and times their team will be playing?
    Once the registration deadlines have passed, the facility staff will start working on game schedules. You will be notified of your game times when the schedules are released. This usually happens one week before league play begins.
36. Will there be leagues during the holidays?
    We try to avoid scheduling games during major public holidays.
37. Can I form my own team from players from the free agent list?
    You may forma a team by taking names off the free agent list. Please contact the facility staff for assistance.
38. Will it be possible for you to save a spot for my team until I find out if I have enough interested players?
    We cannot hold spots for teams. You must fill out all the required registration documents and observe all deadlines for submission of those documents and league fees.

39. Can I fax or email my roster and who would that go to?
    You may email or fax your registration documents to the league coordinator. All emails should go to youthsoccer@folsom.ca.us. Our fax number is 916-983-3566.
40. My team did not play in the first indoor session; will they get into the second session?
    There are no guarantees. We utilize a priority system for teams that play in our leagues. The priority for accepting applications for session 2 is as follows:

1. 1st Priority - Returning Resident Teams
2. 2nd Priority – New Resident Teams
3. 3rd Priority - Returning Non-resident Teams
4. 4th Priority - New Non-resident Teams

41. What are the age limits for players? Are the leagues age pure?
    Our leagues are not age pure. We utilize the same age groups as outdoor soccer. There is usually a two year age group participation level. Please contact the league coordinator to make sure that your team is placed in the correct age group.
42. Are there penalties for academy, select and competitive teams registering in the recreation leagues?
    If any team is found to be in violation of our league rules by playing an age group or level that is inappropriate for them, they will forfeit all games. Their league fees will not be refunded.
43. Are players allowed to play on different teams?
    Players are allowed to play on different teams provided the teams are playing in different divisions. For example, a player may play on a Recreation team in Division A and then play a second game for a Recreation team that plays in Division B. That player may not play on two different teams within the same division.
44. How many players are allowed on the roster? How many players play in the field?
    We allow a maximum of 15 players on the roster. U8 plays 8 players in the field (7 field players + 1 Goalkeeper). U10 to U12 plays 7 players in the field (6 field players + 1 Goalkeeper). And U14 to U19 players 6 players in the field (5 field players + 1 Goalkeeper)
45. How long does each session last? How many games are there in each session?
    Depending on the number of teams in the division, a session lasts 6-8 weeks. We guarantee at least 6 games per session.
46. What equipment is required to play indoor soccer?
    The requirement of indoor soccer is the same as for outdoor soccer – matching jerseys with numbers, shorts, shin guards, socks and shoes. Players may wear any type of soccer shoes, with or without studs on the bottom of the shoes.
47. How many sessions will there be?
    There are usually three sessions. The first session starts the first week of December and ends approximately mid January. The second session follows almost immediately and starts early February through mid April. The third session starts end of April through mid-June.
48. Are guest players allowed to play on the teams?
    Guest players are not allowed to play on any team. All players must be listed on the team roster submitted at the time of registration. Teams who allow a guest to play will forfeit the match.
49. My child is 4 ½ years old. Is it time to get him to play indoor soccer?
    The youngest age group we have playing indoor soccer is U8 which consists of 6-7 year old players.
50. Are teams required to have a coach at every game? Can one of the parents on the team stand in for the coach if the coach cannot make it to a game?

All teams are required to have a coach or manager as the single point of contact for team. That person must be at every game and be in charge of the team during game time. If they cannot make it to a game, a substitute may be appointed and you must contact the league coordinator.

If you have additional questions not covered by these FAQs, please contact the facility at:

Folsom Sports Complex Indoor Soccer contact information:
League coordinator: Ray Robitaille
Email: youthsoccer@folsom.ca.us
Phone: 916-984-2850
Fax: 916-983-3566