Bike Trail Etiquette

Show courtesy to other trail users at all times. Respect the environment and the rights of property owners. Keep dogs on a leash and remove pet feces.

**Bicyclists:**
- Keep to the right side of the trail
- Yield to pedestrians
- Pass on the left side of oncoming pedestrians/joggers
- Ride at a safe speed; single-file in congested conditions or in areas with reduced visibility

**Pedestrians:**
- Keep to the left side of the trail (facing oncoming cyclists)
- Watch for other trail users
- Maintain single-file in congested conditions and in areas with reduced visibility

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**Bike Trail Types**

- **Class I Bike Path**
- **Class II Bike Lane**
- **Class III Bike Route**

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**Bike Trail Etiquette**

- **Never ride against traffic**
  - Motorists aren’t looking for cyclists riding on the wrong side of the road. Many other hazards threaten the wrong-way rider.

- **Watch for cars pulling out**
  - Make eye contact with drivers. At intersections, assume that drivers don’t see you until they stop.

- **Follow lane markings**
  - Don’t turn left from the right lane. Don’t go straight in a lane marked “right turn only;” stay to the left of the right turn lane only if you are going straight. At intersections, where provided, use the bike lane pocket to go straight through the intersection.

- **Watch your speed**
  - Observe posted speed limits and obey the basic speed law. Never ride faster than is safe under the existing conditions.

- **Respect pedestrians’ rights**
  - Pedestrians in a crosswalk have the right of way. Don’t cross sidewalks via driveways without yielding to pedestrians. Be especially aware of pedestrians with disabilities. Don’t ride on sidewalks; use the street, bike lane, or bike path.

- **Watch for right-turning traffic**
  - Motorists turning right may not notice cyclists on their right. Watch for any indications that the motorist may turn into your path. When approaching intersections, try to stay far enough from the curb to allow cars to turn right on your right.

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**Safety Tips and Rules of the Road**

- **Be predictable**
  - Obey traffic signs and signals. Cyclists must drive like motorists if they want to be taken seriously. Doing so is also the safest behavior. When approaching a stop sign or red light, you are required to come to a complete stop and proceed only when safe to do so.

- **Use hand signals**
  - Signal to other drivers; your movements affect them. Hand signals tell everyone what you intend to do. Signal as a matter of law, courtesy, and self-protection.

- **Don’t weave between parked cars**
  - Don’t ride to the curb between parked cars. Motorists may not see you when you try to move back into traffic.

- **See and be seen**
  - State law requires bikes ridden at night to be equipped with a front light visible from 500 feet in front of and to the sides of the bike; plus a back reflector visible from 300 feet to the rear; pedal reflectors; and wheel or side reflectors. Wearing light-colored or reflective clothing further increases visibility.

- **Lock when you leave**
  - Buy the best locking system that you can afford; none is as expensive as having to replace your bike! U-locks are best, but only when used to secure the bike frame to a legal, fixed object.

- **Keep your bike in shape**
  - Maintain your bike in good working condition. Check your brakes regularly and keep tires properly inflated. Routine maintenance is simple; learn to do it yourself or leave it to an expert at a local bike shop.

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**Important Numbers and Organizations**

<table>
<thead>
<tr>
<th>Source</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>City of Folsom</td>
<td>(916) 351-3516</td>
</tr>
<tr>
<td>California State Parks</td>
<td>(916) 988-0205</td>
</tr>
<tr>
<td>Sacramento County</td>
<td>(916) 875-6961</td>
</tr>
<tr>
<td>California State Parks – American River District</td>
<td>(916) 351-3516</td>
</tr>
<tr>
<td>Jim Konopka, Parks &amp; Recreation Department</td>
<td>(916) 351-3516</td>
</tr>
<tr>
<td>Folsom Area Bicycle Advocates (FABA)</td>
<td>e-mail: <a href="mailto:faba_info@sacbike.org">faba_info@sacbike.org</a></td>
</tr>
</tbody>
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**Folsom Bicycle Trail Map**

Cover photo by Chip Allen Photography – Courtesy of the Folsom Chamber of Commerce